

REGULAR BOX \$30.00

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Choice Cut Beef Roast
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 2 lb. Breaded Chicken Tenders
- 2 lb. IQF Chicken Breast
- 1 lb. 80/20 Lean Beef Patties (4 x 4 oz.)
- 1 lb. All Meat Hot Dogs
- 28 oz. Salisbury Steak Entree
- 32 oz. 2% Reduced Fat Shelf Stable Milk
- 24 oz. Steak-Cut Fries
- 14 oz. Chicken Broth
- 7.5 oz. Mac and Cheese
- 7 oz. Corn Muffin Mix
- 1 lb. Carrots
- 1 lb. Green Beans
- 1 lb. Rice
- 1 Dozen Eggs
- 1 Dessert Item

CHRISTMAS - HOLIDAY DINNER BOX \$35.00

Our special holiday box contains everything you need for a traditional Christmas meal.

Order one for your family and one for a family in need this holiday season. Feeds an average family including 2 adults and 2 children.

- 7lb. (avg.) Perdue Roasting Hen
- 2 lb. Natural Hickory Smoked Ham
- 2 lb. Heat and Serve Mashed Potatoes
- 2 lb. Heat and Serve Corn
- 2 lb. Heat and Serve Green Beans
- 17 oz. Cornbread Dressing
- 4.5 oz. Brown Gravy Mix
- 15 oz. Cranberry Sauce
- 8 Dinner Rolls
- 1 Dessert Item



(Quantities are Limited, So Place Your Order Today!!)

Senior - Lunch Convenience Box \$28.00

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of seniors in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

Sliced Roast Turkey: Roasted, Sliced Turkey Breast served with Dressing and Sage Flavored Gravy, Red Potatoes in Cream Sauce, Green Beans and Jellied Cranberry Sauce.

Chicken and Mushroom Bake: Slow Cooked White Chicken served with Mushrooms in a delicious sauce over White Rice, Turnip Greens and Stewed Tomatoes.

Chicken and Broccoli: Tender white Chicken, Broccoli, Creamy Mashed Potatoes, a side of Creole style Okra and a Chocolate Chip Cookie.

Burger Stew: Tender Ground Beef Stew with Vegetables served over Seasoned White Rice, accompanied by Broccoli with Mushroom Pieces and Sliced Peaches.

Red Beans and Ground Beef: Skillet Cooked Ground Beef served with Red Kidney Beans over White Rice, accompanied by Southern Flavored Collard Greens and a delicious Southern Style Biscuit.

Meat Patties with Country Gravy and Onions: Lightly floured and seasoned, served in Brown Onion Gravy, Mashed Potatoes, Steamed Broccoli with Cheese and Diced Beets.

BBQ Pulled Pork: Slow Roasted lean pork in our special Hickory BBQ Sauce, served with Black Eyed Peas, Collard Greens and Cinnamon Apple Sauce.

Ground Beef Stroganoff: Tender Ground Beef in Cream Sauce served over Parsley Egg Noodles, Green Beans with Onions and Fruit Cocktail.

Chicken Parmesan: White Chicken in Italian Style Tomato Sauce and Mozzarella Cheese atop Spaghetti, Seasoned Green Beans and Garlic Bread.

Meat Loaf with Brown Herb Gravy: Traditional Meat Loaf with Herb Seasoned Brown Gravy, Sweet Potatoes, Green Peas w/Mushrooms and Green Beans.

December 2008 Specials (One or more specials available only with purchase of any of the boxes above.)

SPECIAL #1 6.5 lb. Grill Box \$22.00

- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Boneless Pork Roast
- 2 lb. Hamburger Beef Steaks (4 x 8 oz.)
- 1 lb. Bratwurst with Cheese

SPECIAL #2 4.5 lb. Meat Combo \$21.00

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Beef Filet (4 x 6 oz.)
- 1.5 lb. Bacon-Wrapped Chicken Filet (4 x 6 oz.)

SPECIAL #3 Chicken Breast Box \$21.00

- 10 lb. Boneless/Skinless Chicken Breasts

SPECIAL #4 Fresh Fruit and Veggie Box \$21.00

- 3 lb. North Carolina Extra Fancy Red Rome Apples
- 3 lb. North Carolina Sweet Potatoes
- 2 lb. New Crop Medium Yellow Onions
- 4 lb. New Crop Idaho Potatoes
- 1 lb. California Premium Carrots
- 4 lb. New Crop Florida Navel Oranges
- 2 lb. New Crop California Lemons
- 1 stalk Sleeved California Celery
- 2 each New Crop Florida Ruby Red Grapefruit
- 8 oz. California Extra Fancy Raisins

SPECIAL #5 Holiday Mixed Fruit Gift Box \$26.00

- 4 Washington Large, Extra Fancy Red Delicious Apples
- 4 Washington Large, Extra Fancy Golden Delicious Apples
- 4 Washington Large, Extra Fancy Granny Smith Apples
- 5 Washington Large, Extra Fancy Red Anjou Pears
- 4 Extra Large, Extra Fancy Red Rome Apples
- 4 Large Florida Tree-Ripened Navel Oranges
- 4 Large Florida Tree-Ripened Tangerines
- 4 Large Florida Tree-Ripened Tangelos
- 6 Large Florida Tree-Ripened Juice Oranges
- 5 Large Florida Tree-Ripened Ruby Red Grapefruits
- 1 Recipe Sheet

SPECIAL #6 Holiday Meat and Cheese Gift Box \$20.00

- 2 9 oz. Beef Summer Sausage
- 1 9 oz. Summer Sausage
- 1 8 oz. Yellow Sharp Cheddar Cheese
- 1 8 oz. Yellow Mild Cheddar Cheese
- 1 8 oz. Monterey Jack Cheese



Order & Payment Due By: Sunday, December 7th
Food Distribution Day: Saturday, December 13th (9:30 to 12:00)

Food MUST be picked on the date and time listed on your receipt otherwise food will be donated to others in need.

December 2008—Angel Food Order Form

Name: _____
 Address: _____
 Phone: _____
 Email: _____

Orders Due By: _____
 Distribution Date: _____

Sunday, December 7th
 Saturday, December 13th
 9:30am to 12:00pm

Purchase is only for pickup date shown on receipt.
 You MUST have a receipt to pickup your food.

Regular Box	x	\$30	=	\$
Senior - Lunch Convenience Box	x	\$28	=	\$
Christmas - Holiday Dinner Box	x	\$35	=	\$
Special #1 6.5lb Grill Box	x	\$22	=	\$
Special #2 4.5lb Meat Combo Box	x	\$21	=	\$
Special #3 10lb Boneless Chicken Breast Box	x	\$21	=	\$
Special #4 Fresh Fruit & Veggie Box	x	\$21	=	\$
Special #5 Holiday Mixed Fruit Gift Box	x	\$26	=	\$
Special #6 Holiday Meat & Cheese Gift Box	x	\$20	=	\$
Order Sub Total:				\$
Donation: (Help us, to help you)				\$
GRAND TOTAL:				\$

Angel Food reserves the right to substitute any of the food items due to availability, cost and quality.



Angel Food Ministry

No Restrictions - If You Eat You Qualify

Save Money on Gas & Groceries



First Church of God of Middle River
 1001 Middle River Road
 Baltimore, MD 21220

Scott L. Grogg, Pastor

Angel Food Ministries

Angel Food Host Site:

First Church of God of Middle River
 1001 Middle River Road • Baltimore, MD 21220
 Phone: (410) 391-2555
 Website: <http://angelfood.middleriverchurch.org>

Orders taken Tuesday through Friday from 9am to 4pm and by appointment. Or, you can choose to order online!

Angel Food Partners:

Maramatha Chapel (serving Bowleys Quarters, Chase)
 3 Bowleys Quarters Road • Baltimore, MD 21220
 Phone: (410) 371-3214 Contact Person: Betty Holdorff

How To Order:

- Order online at: <http://angelfood.middleriverchurch.org>
- Call, Mail, or Visit our offices before the order due date.

To mail an order, certified funds made payable to the host/partner location MUST be received no later than the order due date listed on the order form. (Please allow 5 business days for mail delivery. We are not responsible for any order received after the cutoff date. Late payments will be returned.)

Acceptable payment methods: Cash, Money Order, Certified Bank Checks, Debit/Credit Cards, and Food Stamps. NO personal checks are accepted. Food Stamps and Credit/Debit cards are accepted at the First Church of God of Middle River ONLY.

Ordering is quick and easy! There are NO applications, waiting lists, or membership fees.